


K@Ch

at HOME

*“Kids! Place a BIG ✓ in each BIG BOX as you begin each section”
(The little boxes might be for now, or for when your family have some xtra time)*

- 1) Kids Spot (Within Livestream Church Service at 9:30)
- 2) Colouring / Puzzles (During Adult Talk – see separate pdf – cut & make a mini book!)
- 3) Lesson Time (Psalm 1. Blessed, is the person who meditates, on God’s Word!)
 - Family Game... (Play “I’m a tree” Drama Game. See Game instructions on pg 3 below. Needs whole family)
 - Song... Try this [Fun Psalm Song Video](#). OR [The Bible Alphabet](#) - by Emu Music.
 - Bible Story (Psalm 1. Video for [Younger Children](#) Video for [Older Children](#))
 - Understanding the Psalm / Family Discussion / Prayer (on next pg)
 - Family Prayer... Add a prayer leaf to one of these online [Bible Society prayer trees](#).
 - Activity / Craft Ideas... - Stick some Fruit of the Spirit on a real Tree! See Colouring / Puzzles pdf for pics
- Pull off a branch and stick it inside to remind you of being like a tree.
- Make one of these Tree pots with creativity →
- 4) Quiz Tune in for the weekly [K@Ch QUIZ](#) - 11:30 Sundays!
 
- 5) Dinner... Let Barry the Bear say “grace” for your family tonight just before dinner!
(The video will become available Sunday afternoon on the [YouTube Channel](#))

All resources available from - stmattswanniassa.org.au/homeresources

Jesus said: *whoever drinks the water I give them will never thirst – John 4:14*

Watch one of the Psalm 1 Videos before doing this part...

A) Understanding the Psalm

Circle all the options you think **Meditate** means...

- Attend Counselling
- Be silent with
- Pray and read
- Think deeply
- Involve your heart
- Do it once or twice
- Take medicine
- Be in the dark
- Take your time

What do you think the Psalmist was **feeling** when he wrote Psalm 1?

Circle 5 possible *emotions* he felt? Then **Tick** ✓ the 1 way you feel when you read through Psalm 1 below.



S B M F L S F E
 U D L I R R B E
 S Q E E V U N E
 E D T L S N I R
 J A F N I S N T
 W Y Q G J G E R
 N U H R N E H D
 D T X B F X M T

BLESSED
 DAY
 NIGHT
 TREE
 WATER
 FRUIT
 JESUS
 DELIGHT

Psalm 1

¹ Blessed is the one who...

- does not walk in step with the wicked or
- stand in the way that sinners take or
- sit in the company of mockers,

² but whose

- delight is in the law of the Lord, and who
- meditates on his law day and night.

³ That person is like a **tree** planted by streams of water,

which yields its fruit in season and whose leaf does not wither—whatever they do prospers.

⁴ Not so the wicked! They are like chaff that the wind blows away.

⁵ Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous.

⁶ For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction.



B) Family Discussion Questions 😊

1. **What do you think “Blessed” means?** Remember, everyone sins, but not everyone has the identity of “sinner”! (cf: 2 Corinthians 5:17) (“Blessed” means, someone who has been shown God’s favour and grace! Those who have faith in Jesus, are blessed!)
2. Blessed people (Christians) don’t walk, stand, sit, or follow the ways of those who don’t know Jesus – instead they soak up and follow God’s ways – they delight and meditate on Him! – They are like trees planted by streams of water. **Q: Which person says “whoever drinks the water I give them will never thirst”?** If you have time, look up and read John 4:1-15 – it’s this lovely story of Jesus speaking to the woman at the well.
3. **Share with your family all the things people might “meditate” on other than the bible?** (stuck? → Try Disney Movies / Work / iPhones / Getting a husband or wife / Monopoly / Big muscles / Wining QUIZ’s 😊 / Earning more money / friendships / what people say / good looks / good marks???) Can you think of any others?)
4. **What kind of fruit do you think a blessed person who meditates on God’s Word might produce?** (List as many fruits of the spirit as you can?) (Are these the fruit the Spirit produces from *your* Quiet Times with God?)
5. Colossians 3:16 says to let the message of Christ dwell in your hearts by singing! Make sure you check out the Songs recommended for today – the [Psalm song](#), and the [Bible Alphabet song](#) which is fun to learn!! 😊

C) Family Prayer 😊

Dear God, This family wants to live the way righteous people live. Help us to love your Word and to live as you command. Then we can be strong, like trees planted by the water. Amen.

Want more Prayer? → [Bible Society Prayer Trees](#).

- Then Sing the Bible [Alphabet song](#) while you wait for the [K@Ch QUIZ](#) at 11:30

“I’m a Tree” – DRAMA GAME

Taking it in turns. The person going first says “I’m a _____” and a child jumps into the scene and says “I’m a _____” and it has to be something in that scene. Otherwise they’re out. See how many you can get before someone gets out. (eg: If I’m a tree, next person might say “I’m a branch hanging from the tree” and cling onto the tree. Next person might say “I’m the grass under the tree” and lay down, next one might say “I’m the sun shining on the tree”, next “I’m a leaf on the tree”, next “I’m a dog doing a wee on the tree” Haha! The kids acting must always be related to the tree. Etc.

NB: Adaptation for K@Ch at HOME → Keep cycling through taking turns within the same “I’m a tree” – see how long you can keep going for, getting off track, and see where the story goes – each new drama jump has to include the previous item/scene. Go quickly as it’s funnier when you can’t think too much!

Examples....

I’m a tree

I’m a soccer ball

I’m an angel

I’m a skeleton

I’m a School Principal

I’m a knife

I’m a FISH Leader

I’m an astronaut

I’m a truck

I’m an ant

I’m an old man

I’m a fast car

I’m an elephant